

第30回 国際HPHカンファレンス

「健康の公正性を目指して～医療機関と介護事業所の貢献～」

2024年11月6日(水)～8日(金)
広島国際会議場

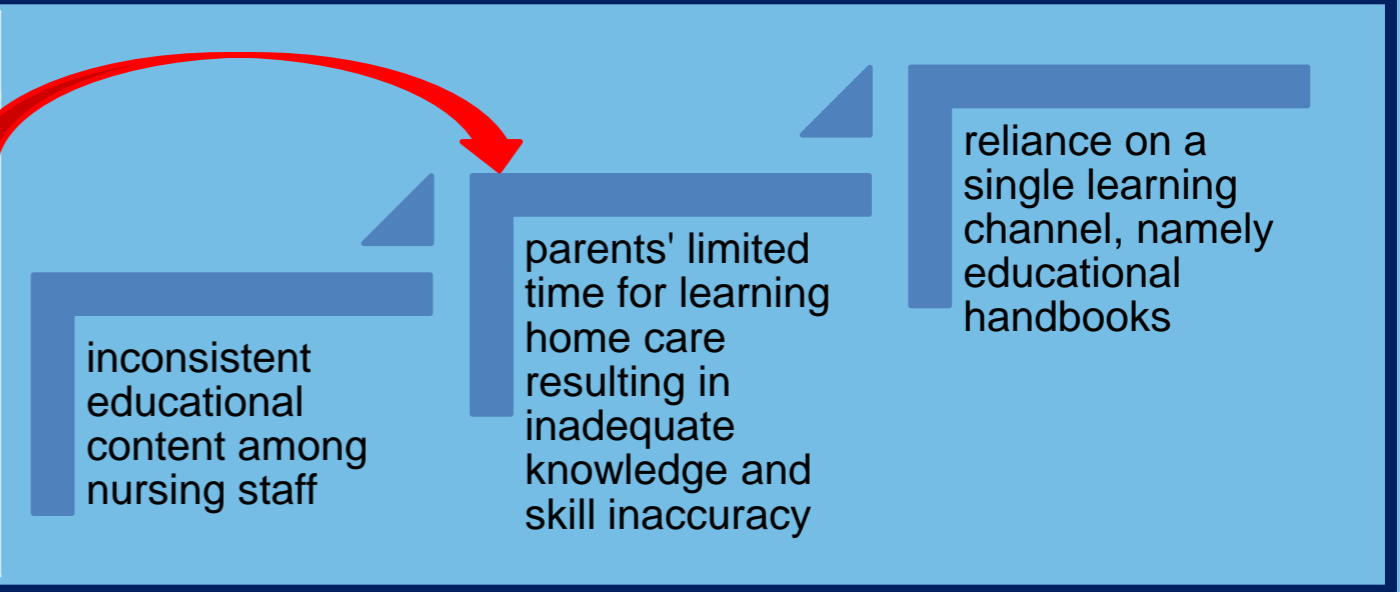
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A diverse discharge planning program intervention to enhance the home care capabilities of parents of preterm infants

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Background and Problem

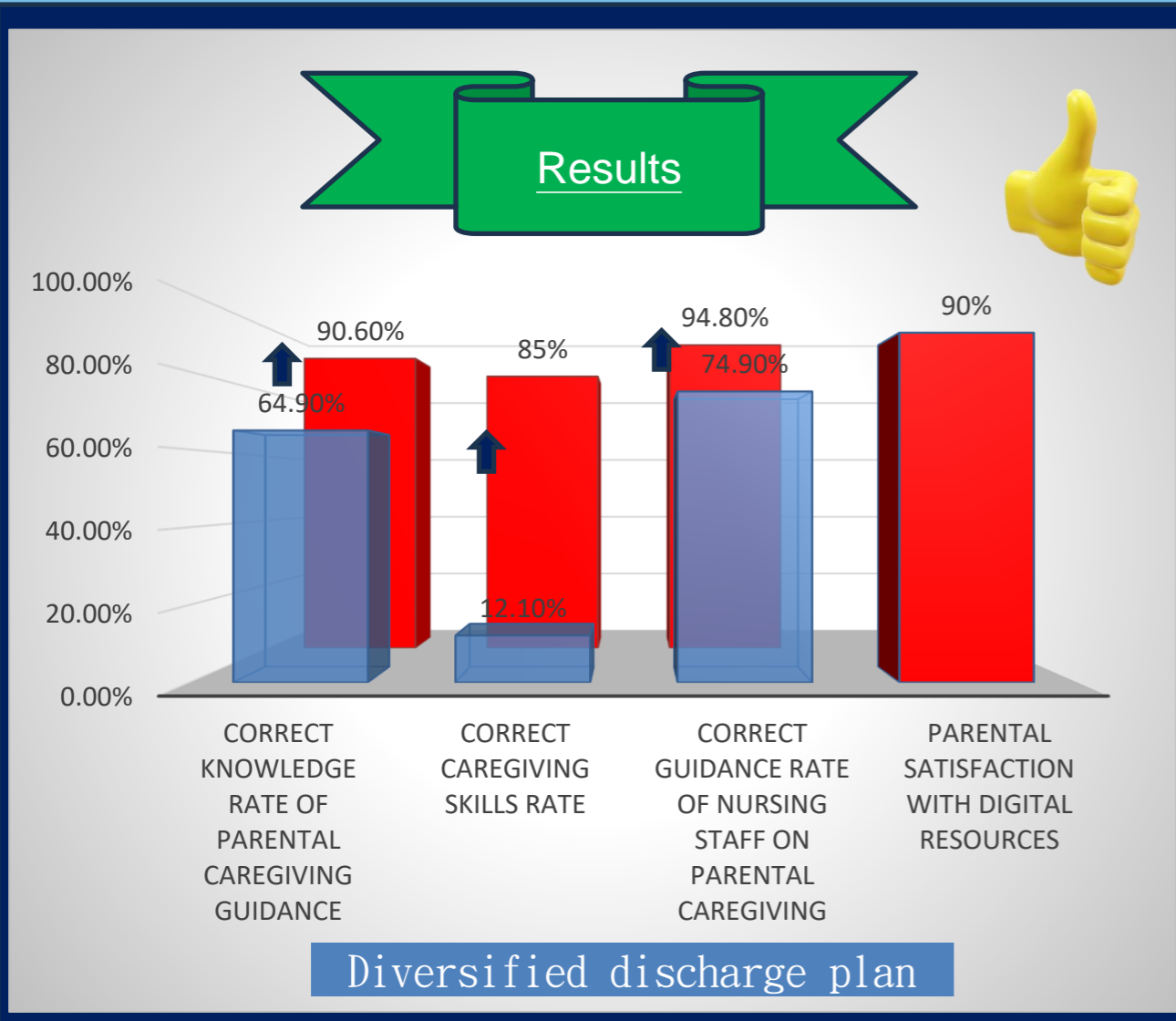
The birth of premature infants imposes significant stress on parents. After the acute care phase, premature infants may still encounter challenges such as feeding difficulties and oxygen dependency before discharge. It's crucial for parents to be actively involved in preparing for the transition home. In our unit, a Neonatal Intensive Care Unit (NICU), premature infants constituted 42% of the primary care group in 2022. Following discharge, we frequently receive inquiries during the initial days, analyzing reasons such as.....



Intervention

Diversified discharge plan includes:

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 Education: nursing staff provides consistent caregiving guidance through education and training
- 
 Demonstration teaching: flexible visiting hours allow parents more time to practice caregiving skills
- 
 Digital resources: adding instructional videos to mobile phones and creating an interactive digital platform for Q&A
- 
 Simulated home care: allowing extremely low birth weight premature infants' parents to practice feeding and equipment operation in the NICU for 24 hours before discharge



Conclusion

Diversified discharge planning not only enhances parental caregiving abilities for premature infants but also effectively addresses their special care needs. The simulated home care model has received high acclaim from healthcare professionals, and we aim to extend its application to other critically ill infants in the future.

