

The concept of four aids used in the dementia community based service in Derain center

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Abstract introduction :

ST. Joseph Hospital Community Service in Zuoying Derain Center focuses on elders of dementia and their caregivers. The services for dementia include cognitive promotion programs and alleviation of dementia progress services. As for their caregivers, there are several services such as family support groups, nursing care trainings and safety visits. The center also continues to integrate courses and systems with the concepts of self-help, mutual assistance, physical assistance, and professional assistance for the elders of dementia and caregivers.

Mutual assistance:

Use the advantages, specialties or original abilities of the elders to develop the connection and relationships between others with the mutual assistance.

Self-help : Use the remaining ability of elders to manage daily life functions.

Professional assistance:

Observe the medical problems of elders of dementia and provide professional assistance and suggestions individually.



Mutual assistance

Self-help



Physical Assistance

Professional assistance



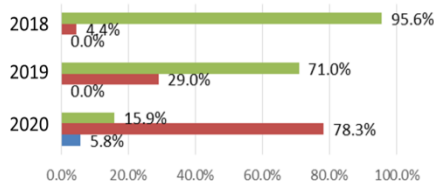
Physical Assistance:

Through friendly environmental equipment to guide dementia elders to reduce mental anxiety and strengthen participation motivation.

Results :

The results of caregiver satisfaction and courses attendance rate are high satisfaction, low attrition rate and high attendance rate.

Attendance 2018-2020



	2018	2019	2020
11 person above	15.9%	71.0%	95.6%
6-10 person	78.3%	29.0%	4.4%
6 person below	5.8%	0.0%	0.0%

Methods :

In order to maintain daily function of dementia, we engage the concept of four aids in curriculum design and environmental facilities to reduce the anxiety of deterioration of dementia and improve the quality of life of elders and their caregivers.

Conclusions :

Through the center operating process, employees adhere to the concept of "Four aids", implement cognitive courses, plan group (including elders and caregivers) trips, performances of elders and caregivers, and strive to achieve the goal of self-sufficiency in learning, allowing all elders and caregivers in Derain center to get the best care and promote the quality of life.

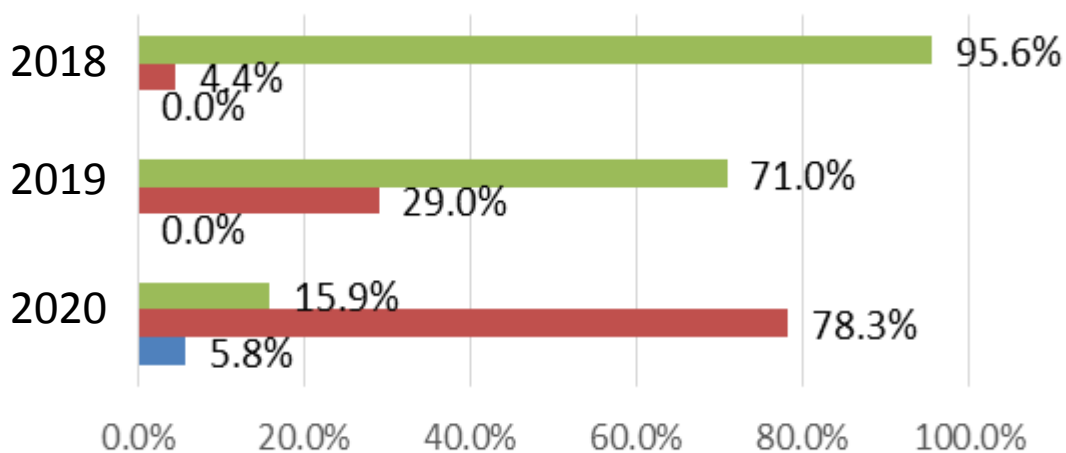


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