



馬偕紀念醫院
MacKay Memorial Hospital

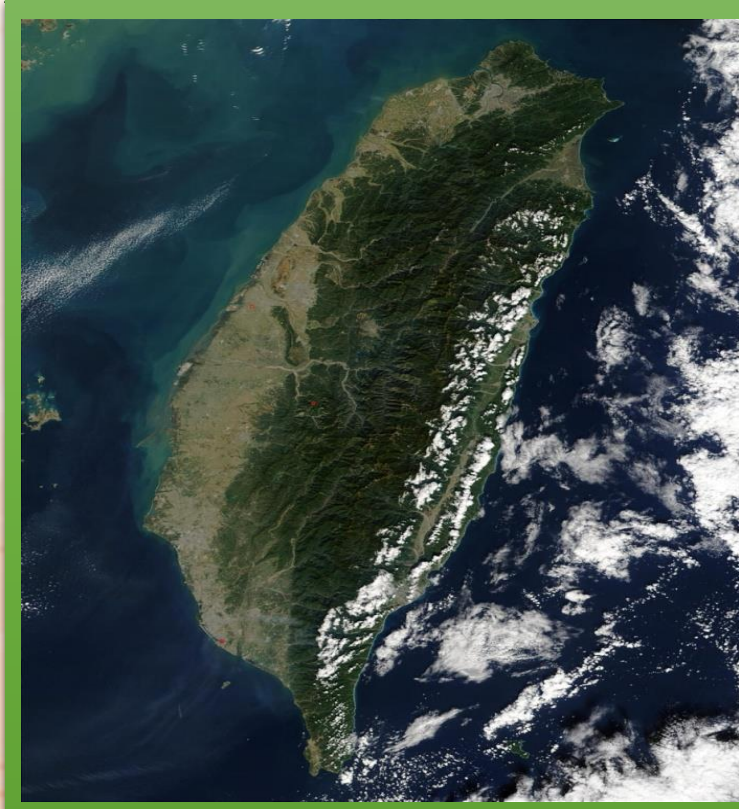
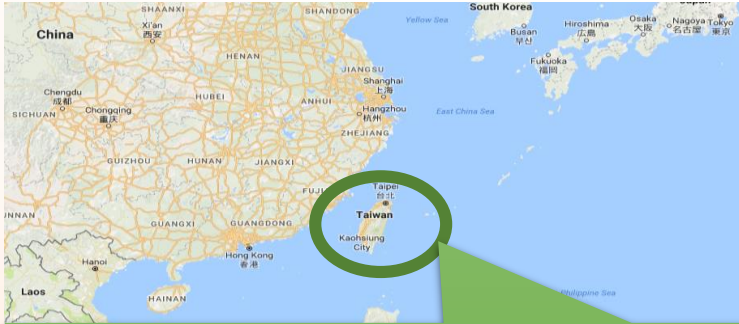
Exploring the Implementation Model of Spiritual Care through Purpose-Built Art in Hospital

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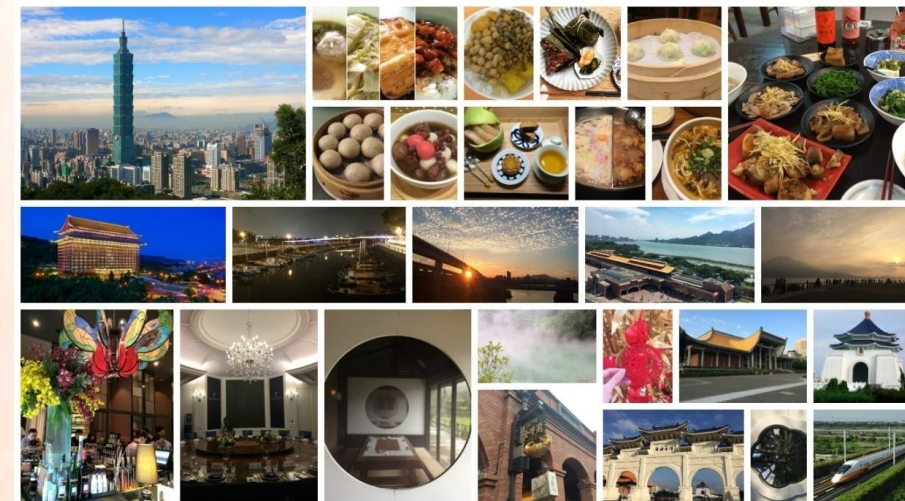
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 International Network of
Health Promoting Hospitals
& Health Services

TAIWAN



- Capital: Taipei 25° 02'N 121° 38'E
- Population: 2022 estimate 23.2 million
- GDP (PPP): 2021 estimate Total \$1.40 trillion, Per capita \$59,398
- GDP (nominal): 2021 estimate Total US\$ 775 billion, Per capita \$33,011
- Life expectancy: 77 years (men) 84 years (women)
- Area Total 36,193 km² (13,974 sq mi) (136th)



MMH In Brief

- Taipei and Tamshui together qualify as a Medical Center with the longest history in Taiwan
- A health network through northern, western and eastern of Taiwan
- Intradepartmental cooperation to provide integrated, comprehensive care.
- dedicated to conducting innovative research for practical clinical application
- upholds a mission to train future medical professionals.



Background and objective

Cancer patients have uncertainty about the disease progression and feel anxiety during chemotherapy and other cancer treatments. The purpose of this Implementation model is to enable patients to have **spiritual care** and **better awareness** of their spiritual needs.



Background and objective

Through the exhibition of purpose-built art combined with **prayer QR codes** in hospital space and cancer wards, we provide a platform for patients to take care of spiritual needs by the guidance of spiritual care counsellor and listen to the prayer in QR code printed on the artwork.





Methods/intervention

The Purpose-Built Art in hospital enhances cancer patients to take care of their spiritual need. Through exhibition of **the artworks from the resilience activities** organized by the Pastoral Care Department, 8 hospital colleagues' artworks are chosen according to **the four spiritual aspects**.



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Description:

It is truly wonderful to have companionship; having fellow travelers on life's journey is essential.


QR code:

It is recorded by the Chaplain.

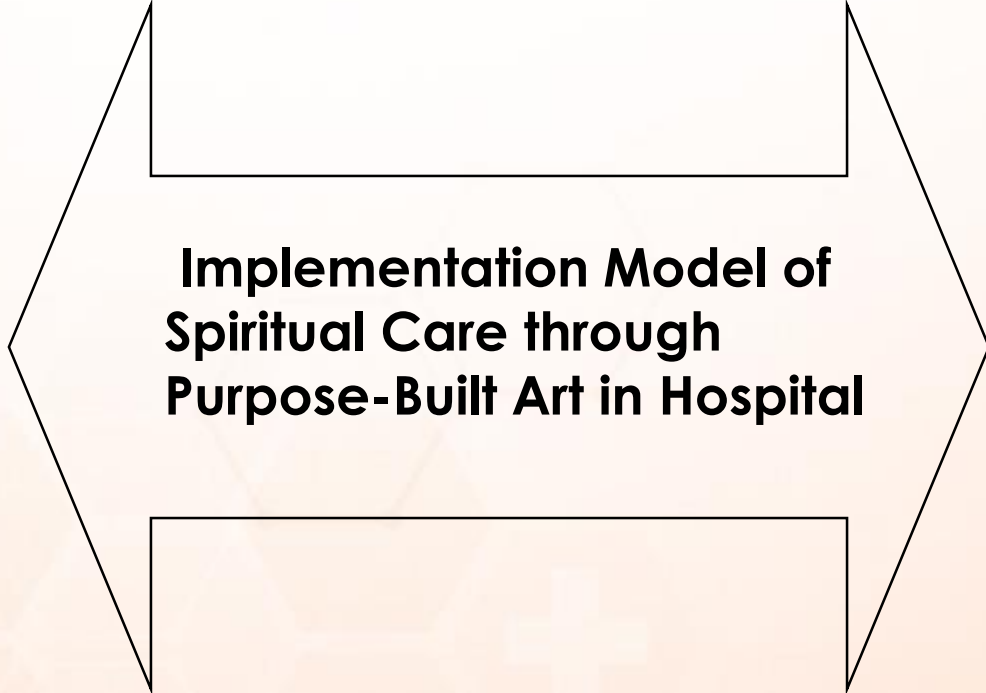


Methods/intervention

Spiritual Care counsellor uses **spiritual-based intervention** and **religious-based intervention** through the artworks to provide the spiritual care to the cancer patients.



**Implementation Model of
Spiritual Care through
Purpose-Built Art in Hospital**



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**Religious based
intervention:**


Facilitating opportunities for religious rituals and prayer based on patient's religious affiliation.

Spiritual based intervention:

Sense of being truly present and listening to the other.

The **artwork** near bedside with four spiritual aspects to

1. encourage spiritual connection with self
2. encourage spiritual connection with environment (e.g. nature, art)
3. encourage spiritual connection with others (e.g. family, friends)
4. encourage spiritual connection with the highest power (e.g. God/sacred



Implementation Model of Spiritual Care through Purpose-Built Art in Hospital

Religious based intervention:

Facilitating opportunities for religious rituals and prayer based on patient's religious affiliation.

Results

10 cancer patients investigated with mixed interventions (e.g. active listening, presence, and connectedness with the sacred, God, and art). We use the **Patient's Spiritual Well-Being Assessment Scale** (score range 15-60) designed by the MacKay Memorial Hospital to assess the spiritual well-being of the 10 cancer patients.

Table 1 Contents and Rating of the Patient's Spiritual Well-Being Scale (PtSpWBS) in English

	Answer instructions: Please complete in the form based on your current status and your feelings.	Always	Often	Occasionally	Not at all
1	I am clearly aware of my inner feelings.	4	3	2	1
2	I feel calm within myself.	4	3	2	1
3	I feel I have enough security.	4	3	2	1
4	I can accept my illness.	4	3	2	1
5	I can accept the limitations of life.	4	3	2	1
6	I could rely on my religious beliefs to help me during my illness.	4	3	2	1
7	During my illness, I believed God could help me.	4	3	2	1
8	I will help myself through religious rituals or actions when appropriate.	4	3	2	1
9	During the medical treatment, the hospital had professional caring staff to care for me.	4	3	2	1
10	During my illness, I was able to find the meaning of my life.	4	3	2	1
11	During my illness, I was accompanied at the right time.	4	3	2	1
12	During my illness, I never felt powerless.	4	3	2	1
13	I feel like I have the spiritual strength to face my illness.	4	3	2	1
14	I will change my negative thoughts when appropriate.	4	3	2	1
15	I feel my soul is at peace.	4	3	2	1

The three components:

1. spiritual health
2. religion connection
3. spiritual awareness.

A PtSpWBS score ≤ 41 indicated the patient has poor spiritual well-being and needs spiritual intervention.

Results

Before and after spiritual intervention	PtSpWBS score
The total mean score of the spiritual well-being of the 10 cancer patients before spiritual intervention	37
The total mean score of the spiritual well-being of the 10 cancer patients after spiritual intervention	49.5

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A short story:

- A defensive young female cancer patient.
- When she saw this picture at her bedside, she opened her heart.
- She told me that she blamed herself for not being able to be with her young daughter.
- I prayed for her and she cried. She told me that she is touched and regained the peace and strength.

Conclusions/lessons learned

- Spiritual care is usually abstract and distant for most patients, but the implementation model of spiritual care through purpose-built art in hospital which can provide patients with more resources, offering a tangible and accessible form of spiritual care.

**Thank you for
your attention**